

**For Immediate Release**  
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**CONTACT:** Mary Hawk 437-997-4336  
[mary@sheenforshefoundation.com](mailto:mary@sheenforshefoundation.com)

**Sheen for She Foundation to consolidate women  
leaders across the city in hosting second bi-annual  
Soaring Auras Meet.**

*Sheen for She Foundation blazes a new path to sustainable change in women's issues by embracing self-care.*

**Toronto, ON** - Today the Sheen for She Foundation declared the second bi-annual Soaring Auras movement meet to be held this Autumn. This interactive event will take place on **Saturday, November 23rd** and will showcase an auction, projects and knowledge in addition to stories from across Toronto. Sheen for She's Soaring Auras Meet will spotlight real accounts of female adversities from multi-million dollar industries to Canada's political anatomy.

"The Sheen for She Foundation's active participation in the community has resulted in eye-opening realizations," said Mary Hawk CEO and Founder of the Sheen for She Foundation. "Equipped with confidence and faith, women become unstoppable and their aspirations spearhead to existence. The Soaring Auras movement is an interactive demonstration of female leaders and an invitation for everyone to learn about the vitality of self-care and its influential role in women's issues."

The Soaring Auras movement takes the form of meets in Toronto on a bi-annual basis in the months of July and November as a part of awareness campaigns for women's issues, gender equality, and self-care.

Consisting of Speakers, Interactive Exhibits, Dance, and more, the meet will be located at *Metro Hall* (55 John Street, Toronto, ON) in Room 308/309. The event is free and community members are invited to attend and contribute to the pivotal discussions.

The Sheen for She Foundation is actively looking for collaborators, volunteers, sponsors and event/workshop proposals for the meet. More information, including event updates, and schedule, will be posted on: [www.sheenforshefoundation.com](http://www.sheenforshefoundation.com).

The Sheen for She foundation is a new Canadian non-profit organization based in Toronto, Ontario that focuses on re-shaping the lives of financially and socially underprivileged women by providing self-care services free of cost. The four categories of services include: medical esthetics, self-defense training, self-care workshops, and healing circles. Sheen for She is on a mission to uplift every woman and eliminate the persistent issues they face.

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